

## CARIBBEAN ECOLOGY TRIP



### ATENAS & THE CENTRAL VALLEY (1 night)

Arrive in the central valley of Costa Rica, home to 80% of the country's population and surrounded by mountains. This area boasts fantastic vistas and a perfect climate. Spend your first night in a comfortable country setting and have a chance to get acquainted with your guides.

### SEA TURTLE PROJECT (2 nights)

Head to the Caribbean coast to the turtle project. On the way, visit a butterfly garden and an elementary school. At the project, walk the beach at night in search of nesting sea turtles and hatchlings. It's tough work, but worth the effort. You may also conduct population studies, tag turtles, transplant eggs to a protected area or release hatchlings into the ocean. Be aware that sea turtles are an endangered species and their nesting is not "scheduled." Therefore, there's no guarantee you will see a turtle during your stay. During the day, explore the local canals for wildlife, hike in the surrounding rainforest or engage in an impromptu game of volleyball or soccer. Have a chance to participate in volunteer activities such as building a hatchery or cleaning the beach of debris to make it easier for sea turtles to nest or return to the ocean.



### CAHUITA (2 nights)

Located on the southern Caribbean coast, Cahuita is home to beautiful beaches, rain forest, and a rich cultural heritage with Afro-Caribbean and indigenous influences. Relax on a picture perfect white sand beach, swim in the warm Caribbean ocean, and spend a day at an indigenous BriBri school located high in the Talamanca mountains.



### VERAGUA RAINFOREST ADVENTURE & RESEARCH PARK (1 night)

Veragua Park is a 4,000 acre private reserve showcasing many aspects of life in the rainforest. During your time here, you will explore the park and work with Veragua researchers on field projects such as building insect traps or creating artificial breeding sites for endangered frogs.



### FINCA SURA (1 night)

Spend a night on the small family farm of Finca Sura. Experience rural Costa Rica firsthand as you explore the trails and participate in activities such as planting pineapples, fishing for tilapia, and meeting the local animal residents!

### ATENAS & THE CENTRAL VALLEY (1 night)

End the trip right back where you started--in the Central Valley. This is the night to celebrate your accomplishments and reflect on your experiences.

# CARIBBEAN ECOLOGY TRIP INFORMATION

## The price includes:

Local bilingual guide  
 Private in-country transportation  
 Accommodations  
 Meals as outlined  
 Activities, Entrance fees, and related tips  
 Purified water provided on bus

## The price does NOT include:

Expenses of a personal nature  
 Tips for guide and driver

AREA	DAY	LODGING & MEALS	MAJOR ACTIVITIES
Atenas	Day 1	Francisco's Lodge Meals included: snack	Arrive Costa Rica
Estacion las Tortugas	Day 2	Project Dorms Meals included: BLD	Transfer to turtle station Butterfly farm visit enroute School visit enroute Night turtle patrols
Estacion las Tortugas	Day 3	Project Dorms Meals included: BLD	Volunteer work at station Boat ride in canal to spot wildlife Night turtle patrols
Cahuita	Day 4	Goddess Garden Meals included: BLD	Transfer to Cahuita Picnic and beach time in the park
Cahuita	Day 5	Goddess Garden Meals included: BLD	Day trip to visit BriBri
Veragua Rainforest	Day 6	Project Dorms Meals included: BLD	Visit Las Brisas School Tour of Veragua Park Explore the butterfly garden Insect night walk
Sarapiqui	Day 7	Finca Sura Meals included: BLD	Frog monitoring at Veragua Transfer to Finca Sura
Atenas	Day 8	Francisco's Lodge Meals included: BLD	Spend morning on farm Transfer to Atenas Final dinner and trip reflections at lodge
Depart	Day 9	Meals included: B	Drive to airport and fly home

EcoTeach purchases a travel protection plan for every traveler. This helps provide coverage for things such as travel delay, emergency medical, emergency evacuation, delayed/damaged baggage. Cancellation and Trip Interruption coverage are NOT included but are available at an additional cost.